Program Overview

Who We Are: At SPA we are concerned with heart change, not just behavior modification. We believe that true change is a process (*Romans 12:2*) that requires time and most importantly, a relationship with Jesus Christ. That's why we offer a 12-month, 24/7 supervised, Christ-centered, residential treatment program that is based on God's Word, the Bible. We believe that women and families who struggle with life-controlling issues and addictions can find freedom, hope, and new beginnings in Jesus Christ. *"Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come!" - 2 Corinthians 5:17.*

Who We Serve: We provide services to women 18 and older who are impacted by painful life experiences and destructive behaviors such as drug and alcohol addiction, domestic violence, and sexual assault. While our women's experiences are unique, they share a common goal: to experience hope, healing, and a renewed sense of purpose.

How We Serve: We provide both Bible-based studies and discipleship activities, as well as practical life-skills to help women experience freedom in Christ while learning to live godly and productive lives.

- Character Building Classes
- Independent Bible Study
- Daily Group Devotionals
- Individual Biblical Counseling
- Recovery Groups
- Case Management
- Job Placement Services
- "Wheels to Work" Transportation Program

- Life Skills Training
- Financial Management
- Nutrition Education
- Fitness Participation
- Community Events and Activities
- Service Projects
- Mentor Program
- Alumni Aftercare

Program Fees: While SPA provides all program services free of charge to residents, there is a charge for room and board.

- Application Fee: There is a \$50 application fee. This must be paid before intake to SPA Women's Ministry Homes and is non-refundable, whether you enter the program or not.
- **Room and Board:** This covers your room and board, meals, transportation to and from appointments, personal care items, toiletries, etc.
 - Receiving Government Assistance/Unearned Income: 40% of income amount, with a minimum of \$50/week and maximum cap of \$100/week.
 - No Income: \$50/week.
 - If you are concerned that you will not be able to pay this, please contact us to discuss additional options as we do not want finances to limit your ability to participate in ministry services.

Planning to Apply?: Please refer to SPA's "Program Application" and "Frequently Asked Questions" for more information.

Date of Application:_



| Attention | Office | Staff: |
|-----------|--------|--------|
|-----------|--------|--------|

Intake Date: _____

Exit Date: _

Resident Application

Please Note: All spaces must be filled out on the application. If a question does not apply, put "not applicable" or "N/A" in the space. That shows you have read and filled out the application fully.

| 1. General Information: | | |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------|---------------------------------------------------------------------------------------------|
| me:Date of Birth: | | |
| Present Address: | | |
| City: | State: | Zip Code: |
| Primary Phone #: | Email Addres | ss: |
| Driver's License #: | State: | Expiration Date: |
| Social Security #: | | |
| In case of emergency, notify: | | |
| Name: | Phone #: | Relationship: |
| Name: | Phone #: | Relationship: |
| 2. Family/Marital Status: | | |
| Single Engaged Married Single | Separated Divorc | ed Serious Relationship |
| | 1 | |
| If married, name of husband: | | |
| | | Phone #: |
| If married, name of husband: | | Phone #: |
| If married, name of husband: | | Phone #: |
| If married, name of husband: | e he stands with SPA, Inc | Phone #: |
| If married, name of husband: Describe current relationship with husband and wher | e he stands with SPA, Inc | Phone #: |
| If married, name of husband: Describe current relationship with husband and wher | e he stands with SPA, Inc | Phone #: :: |
| If married, name of husband: Describe current relationship with husband and where If separated/divorced, explain reason for breakup: Children (List names and ages of children under age | e he stands with SPA, Inc. | Phone #: :: |
| If married, name of husband: Describe current relationship with husband and where If separated/divorced, explain reason for breakup: Children (List names and ages of children under age 1 | e he stands with SPA, Inc. 21.): Age: Age: | Phone #: :: Son Daughter Son Daughter |
| If married, name of husband: Describe current relationship with husband and where If separated/divorced, explain reason for breakup: Children (List names and ages of children under age 1 2 | e he stands with SPA, Inc. 21.): Age: Age: Age: | Phone #: :: Son Daughter Son Daughter |
| If married, name of husband: Describe current relationship with husband and where If separated/divorced, explain reason for breakup: Children (List names and ages of children under age 1 2 3 | e he stands with SPA, Inc. 21.): Age: Age: Age: Age: | Phone #: :: Son Daughter Son Daughter Son Daughter Son Daughter Son Daughter |
| If married, name of husband: Describe current relationship with husband and where If separated/divorced, explain reason for breakup: Children (List names and ages of children under age 1 2 3 4 | e he stands with SPA, Inc. 21.): Age: Age: Age: Age: Age: Age: | Phone #: |

3. Substance Use:

Have you ever used drugs or alcohol? _____ Yes _____ No

How old were you when you began drinking alcohol?

How old were you when you began using drugs?

| | Occasionally | Socially | Weekly | Weekends | Bi-weekly | 3x/week | Daily |
|----------------------------------|--------------------|------------------|-----------------|------------------|------------------|------------|--------|
| Alcohol | | | | | | | |
| Cocaine/Crack | | | | | | | |
| Hallucinogens (LSD,acid,etc.) | | | | | | | |
| Heroin | | | | | | | |
| Marijuana | | | | | | | |
| Meth | | | | | | | |
| Prescription Medication | | | | | | | |
| Tobacco | | | | | | | |
| Other: | | | | | | | |
| Other: | | | | | | | |
| Drug of Choice: | | | | | | | |
| 1 | Sta | rt Date: | Lengt | h of Use: | Date | Last Used: | |
| Habit Cost Per Da | ay: | | Longe | est Period Clean | : | | |
| I depend on drugs | s (check all that | apply): | | | | | |
| To cope w | ith life challenge | es | | To ea | se pain: | | |
| For pleasu | re | | | | Physical | | |
| To escape reality Emotional | | | | | | | |
| To be "in" with the crowd Other: | | | | | | | |
| Because I | am addicted | | | | | | |
| 4. Psychological | Health/Past Tr | eatment Expe | rience: | | | | |
| Have you been in | an alcohol, drug | g, detox, recove | ery program of | r received couns | seling/therapy b | before? Y | les No |
| If yes, list where: | | | | | | | |
| Have you been di | agnosed with a 1 | mental health d | lisorder by a d | octor or psychia | utrist? Ye | es No | |
| Diagnosis: | | | | | | | |
| Medications/Trea | tments Used: | | | | | | |
| Diagnosing Docto | or's Name: | | | | | | |

5. Medical:

| Do you have current h | nealth insurance of | coverage? Yes _ | No |
|------------------------------|---------------------|---------------------------|-------------------------------------------|
| Policy Number: Group Number: | | | |
| Insurance Provider: _ | | | |
| FSSA Case #: | | Me | edicaid RID #: |
| Name of Family Doct | or: | | Clinic: |
| Phone #: | | | |
| Do you have any med | ical problems that | at SPA, Inc. needs to b | be made aware of? (Ex.: Diabetes, Oxygen) |
| | | | |
| | | | |
| List any and all medic | cations that you t | ake: | |
| Medication: | Dosage: | Reason: | Prescribing Doctor's Name and Phone #: |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| List any hospitalizatio | ons you have had | in the last 5 years and | the reason for admission: |
| | | | |
| Have you ever tested | positive for HIV | AIDS? Explain | 1: |
| Have you ever contract | cted an STD? | Explain: | |
| Have you ever tested | positive for Tube | erculosis (TB)? | Explain: |
| Do you have any othe | r communicable | transferable diseases? | Specify: |
| | | | |
| 6. Financial Status: | | | |
| Do you receive any ty | pe of governmer | nt or financial assistant | ce?If yes, please explain: |
| Will coming to SPA | Inc. impact this s | assistanco? | |
| | | | SPA, Inc.? |
| 110w will you pay 101 | your \$50.00 wet | Kry minimum om at S | 1 / 1, IIIC. : |

7. Legal Status and History:

Arrest History (Past 5 Years):

| Date: | Charge: | Legal Outcome: | Current Status: |
|-----------|-----------------------------------|----------------------------------------|----------------------------|
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| Do you | have any outstanding warrants? | Yes No Have you been cor | victed of a felony? Yes No |
| Do you | have any pending court dates? | If yes, date: Location: | |
| Are you | currently incarcerated? To | tal Sentence: Length of Tim | ne Remaining: |
| Name of | f Attorney/ Legal Representative: | | Phone #: |
| Are you | currently on probation/parole? | What are the specific terms of your | r probation /parole? |
| | | Length of Time Rema | aining: |
| Name of | f Parole/Probation Officer: |] | Phone #: |
| Address | : | | |
| How oft | en do you report? | In Person By Phone | By Mail |
| 8. Educ | ation: | | |
| School g | grade last completed: Have | you ever been in any special education | classes? Yes No |
| If yes, p | lease explain: | | |
| 9. Milita | ary Involvement: | | |
| Are you | a military veteran? Yes | No | |
| 10. Spir | itual Background: | | |
| Do you | feel you have a need for God? | _Explain: | |
| What is | | | |
| Did you | | Which denomination/type of church? | |
| Do you | currently attend church? Wl | nere? | How often? |

11. Personal History:

| Have you ever had suicidal thoughts? Yes No; If yes, is this a current struggle? Yes No | | | | |
|-----------------------------------------------------------------------------------------|--|--|--|--|
| Have you ever had a plan to commit suicide? Yes No | | | | |
| Have you ever attempted suicide? Yes No; If yes, when/how? | | | | |
| Have you ever self-harmed? Yes No; If yes, how? | | | | |
| At what age did you start? Is this a current struggle? | | | | |
| Did you experience sexual assault/abuse as a child? Yes No | | | | |
| Have you experienced sexual assault/abuse as an adult? Yes No | | | | |
| Did you witness domestic violence as a child? Yes No | | | | |
| Have you experienced domestic violence/abuse? Yes No | | | | |
| PhysicalEmotionalFinancial | | | | |
| Does your family have a history of drug/alcohol abuse? Yes No | | | | |
| Does your spouse/partner have a history of drug/alcohol abuse? Yes No | | | | |
| Have you been involved in prostitution? Yes No; If yes, for what reason? | | | | |
| Have you engaged in illegal activity to support your addiction? Yes No | | | | |
| What motivates you to work toward achieving and maintaining sobriety? | | | | |
| | | | | |
| How did you hear about SPA, Inc.? | | | | |

Please be advised SPA Women's Ministry Homes program is one-year in length. Residents must complete the entire one-year in order to graduate the program. You are under no obligation to live here. **You are here by choice.**

By signing below I am indicating that the information I have provided is truthful to the best of my knowledge, and I have not knowingly withheld information.

Signature of Resident

Date

^{*}By typing your name in the signature field, you are signing this application electronically. You agree that your electronic signature is the legal equivalent of your manual signature on this application.



12. Mission Statement and Statement of Faith:

Mission Statement: A Christ-centered, residential treatment program that empowers women to address the root causes of life-controlling issues and addictions in order to live productive lives of recovery.

Statement of Faith:

The Bible: is the Word of God containing both the Old and New testaments. It is authoritative, inspired, without error, and is our all-sufficient guide to life. 2 Timothy 3:16, Hebrews 4:12.

God: There is only one eternal God, existing in the Trinity, or three persons, of God the Father, God the Son, and God the Holy Spirit. Matthew 28:19, Luke 1:35.

Jesus Christ: is the Son of God, who came to earth, born of a virgin, and lived a sinless life. He died on the cross for the sins of mankind, making a restored relationship with God possible, and rose from the dead three days later. He is the Way, the Truth, and the Life, and through Jesus comes salvation. John 14:6-7, John 10:30.

The Holy Spirit: indwells and enables believers in Jesus Christ to live a godly life, and equips and empowers believers to utilize spiritual gifts, all of which are present today. The Holy Spirit unites all believers in Jesus Christ, together forming the church, the Body of Christ. John 14, John 16, 1 Corinthians 12, Galatians 5:22-23.

Man: Humankind is born sinful and separated from God. Only personal belief and faith in the saving power of Jesus Christ allows for a restored relationship with God and eternal destiny of heaven. Romans 3. John 14:6-7.

Salvation: God sent His Son, Jesus Christ, to die for the sins of all humanity. Salvation, therefore, is a free gift from God, and cannot be earned. It is by God's grace we are saved, through faith. Acknowledging and asking forgiveness for personal sin, believing in the saving work of Jesus Christ on the cross, and confessing and turning from sinful behavior is the act of salvation and new life. Ephesians 2:1-10, Romans 5:8, 2 Corinthians 5:17.

Marriage, Gender, and Sexuality: God created every person in His image as male or female. These are two distinct, complementary genders and rejection of one's biological sex is a rejection of the image of God within the person. Marriage is an institution created by God as a covenant relationship established by mutual vows exchanged exclusively between one man and one woman. God intends sexual intimacy to only occur between a man and a woman who are married to each other. Sexual acts outside of marriage are prohibited because they are sinful. Genesis 1:26-27, Genesis 2:18-24, 1 Corinthians 6:9-10, 1 Corinthians 7:2-5, Hebrews 13:4, Romans 1:18-32.

Spiritual Growth: follows salvation and is made possible by God's grace and the Holy Spirit's power. Focusing on developing godly character and deepening one's relationship with God includes spending time in God's word, the Bible, in prayer, regular fellowship with other believers, and using spiritual gifts to minister to the Body of Christ and reach the world. Hebrews 6:1, 1 Peter 2:2, Colossians 1:10.

Deliverance: 1 Peter 2:24 says, "By his [Jesus'] wounds you have been healed" – and encompasses healing from mental, emotional, and spiritual pain, allowing further freedom and spiritual growth, instead of feeling held back from the old life. Romans 8.

By signing below, I am indicating that I agree to abide by the Mission Statement and Statement of Faith and understand that it represents the position, program, and functioning of SPA Women's Ministry Homes.

Signature of Resident

Date

^{*}By typing your name in the signature field, you are signing this application electronically. You agree that your electronic signature is the legal equivalent of your manual signature on this application.

13. SPA Women's Ministry Homes Fees Charged/Budget Requ irements:

A. Application Fee: \$50. This must be paid before intake to SPA Women's Ministry Homes, and is non-refundable, whether you choose to enter the program or not.

B. SPA Women's Ministry Homes weekly bill:

1. Receiving Government Assistance/Unearned Income: 40% of income amount, with a minimum of \$50/week.

2. No Income: \$50/week.

If you do not have any income, please provide the name, full address, and telephone number of potential sponsors who may choose to help with your bill. Monthly support letters will be sent to potential sponsors.

Examples: Parents, Relatives, Friends, Church

| 1. | Sponsor Name: |
|----|---------------|
| | Address: |
| | Phone: |
| | |
| 2. | Sponsor Name: |
| | Address: |
| | Phone: |
| | |
| 3. | Sponsor Name: |
| | Address: |
| | Phone: |

4. Upon reaching employment while in SPA Women's Ministry Homes program, 40% of income, but not exceeding \$100/week will be charged to cover the current bill. In addition, 10% of income will be charged towards back payment on existing bill, if applicable.

5. Upon reaching Hope House, you will be charged 20% of income, with a minimum of \$25/week, but not exceeding \$100/week, for rent. 10% of income will continue to be charged towards back payment until SPA bill is current.

C. Tithe: Tithing is also required when receiving any type of income during your time at SPA. You will budget your first 10% of gross income will be given to a church of your choice that you are attending while at SPA.

By signing below I am indicating that I will abide by SPA's budget requirements as outlined above.

Signature of Resident

Date

*By typing your name in the signature field, you are signing this application electronically. You agree that your electronic signature is the legal equivalent of your manual signature on this application.

| Office Use Only: | |
|------------------------------------------------|------------|
| Date Application Fee Paid: | _ Paid By: |
| Date Application Fee Sent to Corporate Office: | |